

BFS News



12th Edition

March 2016

For more information about Bright Futures School please visit www.brightfutureschool.co.uk

Lucy Update

One of our pupils, Lucy, turned six last month and since returning to school after the half term break, we have seen a much more confident little girl. She is upbeat, positive and more outgoing and it's lovely to see just how much she's enjoying being back at Bright Futures after the holiday.

Lucy now starts her days by going to find certain other pupils to say "Good morning" to them and she's been much more interactive with other pupils before starting her sessions. The difference in her social skills now compared to when Lucy started at BFS in September is excellent. Lucy now verbally acknowledges all members of staff as well as the other pupils and she's also developing a really good sense of humour!

All staff can see how her confidence and character are both developing. And it's great to see! Staffs objective with Lucy at the moment is working on "Turn Taking", managing distractions and gradually staff will reduce the scaffolding to support Lucy and help her feel competent in her role.

During Lucy's activities with staff member, Jo, Jo will set a challenge to see if Lucy stays within the framework, but if a breakdown or dysregulation does happen then they can see what Lucy does do to resolve the problem. Jo and Lucy are enjoying a wide range of activities within the "Turn Taking" roles such as baking, water play, sensory play, arts and crafts and song and dance. And Jo is confident that Lucy will continue to make great progress....

School closes for the Easter break on

Wednesday 23rd March 2016

and reopens to pupils on

Monday 11th April 2016.

Happy Easter Everyone!

Flynn, the Dog, joins BFS

Bright Futures has a new addition – Flynn the Dog! Flynn is a liver coloured, flat coated retriever puppy, owned by Alison, our Head of Learning, and he has been attending school on certain days for the past few weeks.

Here's one of our pupils, Tyler, with the gorgeous Flynn, on one of their recent walks...

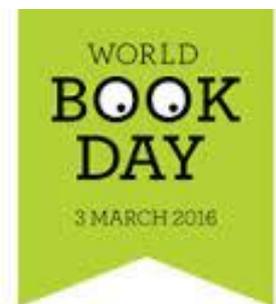


All our pupils have really taken to Flynn and he is very good at giving them cuddles (and licks) and he's been enjoying their attention and the walks they take him on.

Flynn's presence has already had a therapeutic effect on pupils in several areas including helping sentence formation and regulation of emotions as well as helping pupils take responsibility for others. Flynn loves coming to school and we love having him here too!

World Book Day 2016

On Thursday 3rd March 2016, it was World Book Day - a celebration of authors, illustrators, books and, most importantly, a celebration of reading!



In fact, it's the biggest celebration of its kind, designed by UNESCO as a worldwide celebration of books and reading, and marked in over 100 countries all over the world.

We invited staff and pupils to dress up as their favourite characters from some of their favourite books. Can you guess who our staff and pupils were for the day?





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Chinese Pork and Noodle Soup

Last month, in one of our cooking sessions with pupil Philip, we made Chinese Pork and Noodle Soup in honour of Chinese New Year. This year is the year of the Dragon. Here is the tasty recipe Philip used. Be aware, this does make a large amount!



- 225g minced pork
- 50g chopped cashew nuts
- crushed garlic cloves
- 2tbsp fresh chopped coriander
- 3 pints chicken stock
- 3 lemongrass stalks finely chopped
- 6 kaffir leaves or zest of 1 lime
- 1 tbsp light soy sauce
- 1 tbsp Thai fish sauce
- juice of 2 limes
- 1 tsp red curry paste
- 2 tsp caster sugar
- 4tbsp sunflower oil
- 125g rice or egg noodles
- 125g sliced mushrooms
- 125g broccoli florets
- Salt and pepper to season
- Lime wedges for garnish

Mix together the pork, nuts, garlic and coriander. Season to taste. Make into approximately 18 walnut sized meatballs. Put the stock, lemongrass, lime rind, kaffir leaves, soy sauce, fish sauce, lime juice, curry paste and sugar into a large pan and simmer for 20 mins. Meanwhile, heat the oil in a frying pan and cook the meatballs then set aside. Cook the noodles according to the packet instructions. In the remaining oil in the frying pan, stir fry the mushrooms and broccoli for 1-2 mins. Strain the broth then combine everything into the big pan. Ladle into bowls and garnish with lime wedges. Enjoy!

Staff Changes

After Easter, there will be several changes to staffing and timetables and we anticipate one new pupil to be joining us. We will say 'Goodbye' to Saj who has been working with pupils on the IT curriculum since November. And we have two new members of staff joining us! You will hear all about them in the next newsletter!

FBFS Charity Pub Quiz



Our charity pub quiz to raise money for Friends of Bright Futures School (FBFS) will take place on Friday 22nd April from 8pm till 10pm at The Royal George – on the border of Mossley and Greenfield.

Our Quiz Master on the night will be Scott Childs and there will be Potato Pie, a Grand Raffle and music and dancing until 1am. The cost of tickets is just £1.50 per person and it's a maximum of five people per team. Tickets can be bought now from BFS, The Royal George and from any member of Bright Futures staff. We hope to see you there!



BFS Pupils' Own Stories

Staff member Alex, has been working with pupils Harry and Marley to help them write their own stories. The boys have worked really hard and are very proud of their short tales. Here are snippets from both...

Harry's story: One day on a beautiful sunny day, lived a fat man with a fat belly and brilliant green eyes. His name is Bob...

Marley's story: The thunder growled. Ginger and Jerry were working. They were working in an old mansion in the middle of the forest. The mansion was haunted...

Sainsbury's Vouchers

We are collecting Sainsbury's Vouchers to purchase equipment for BFS, so please donate to school if you have any spare!



Thank you and Happy Easter!

Thank you very much to all our fantastic pupils, staff and supporters for another brilliant term here at Bright Futures School in Grasscroft. We wish you all a very Happy Easter and look forward to seeing you again when we return to school in April. Have a fantastic break everyone!!

