

**Table of needs and provision consolidated for EHC plan**

<b>Communication and interaction</b>		
<b>Need</b>	<b>Source</b>	<b>Provision</b>
P needs support to integrate information from different sources and situations and formulate 'good enough' solutions to real-life problems when faced with uncertainty, change or novelty.	EHCP Section B	<p>P will require one-to-one skilled and attuned adult support to use 'real life' opportunities for developing his social communication (SC) and emotional regulation (ER) skills (EP report 11.60)</p> <p>Real-life opportunities to work on SC and ER skills should be provided by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)</p> <p>The litter-picking job 'try-out', volunteering at the Foodbank, and the exploration of radio work are training situations that include a looser educational framework, much more social unpredictability and therefore provide triggers for rigidity and emotional dysregulation. P's adult guide will use the SC programme to help P to review real-life problems and challenges that he has encountered in these settings, including changes in his emotional state so that he can be supported to identify and role play different possible responses to challenges. Over time, he will be able to internalise taking on board different perspectives, problem-solving, improving his resilience and will become better able to manage life's difficulties without adult support.</p> <p>These areas of SC difficulty will also need to be targeted during the 3 x 1.5 hour long sessions per week that P participates in baking/cooking, puppet-making and travel training: whilst these activities are in</p>
Has difficulty thinking flexibly and expresses strong and quite often rigid opinions	EHCP Section B	
Needs help to assess a situation to determine the best way to respond based on the information available, his own personal needs and his goals	EHCP Section B	
P will need to be taught explicit problem-solving skills through a structured framework	EP report 11.20	
P requires the mediation of skilled and attuned adults to help him navigate the social world	EP report 6.4	
Resilience scale shows that P doesn't currently feel he quite has adequate skills to impact on his life or to be able to control his life to the extent that he would like	EP report 8.10	
P has a low level of resource in terms of managing life's difficulties. He has a higher than average level of vulnerability.	EP report 8.15	
Is unable to take on board different perspectives 'in the moment' in order to inform his decision-making	EP report 8.40	

		themselves educational, if delivered by an appropriately trained adult, they should also act as vehicles for SC work that will address core autism difficulties.
P needs support to develop experience-sharing communication where the goal is to share emotional reactions, intended actions, changes and variations, memories, plans, ideas, perspectives, thoughts, and predictions with another person.	EHCP Section B	P should be supported by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)  An adult using a SC approach as described above will prioritise use of experience-sharing communication as well as non-verbal communication, perspective-taking and using the communication partner as a reference point to decide what to do when faced with uncertainty.  This will improve his relatedness, social reciprocity and ability to behave adaptively when faced with uncertainty/challenge.
He has a low sense of relatedness which means that he does not feel that he has adequate social connectedness for support	EP report 8.10	
P's socialisation skills are in the low range. He has difficulties in interpersonal relationships, in his own leisure time and also with his coping skills	EP report 8.25	
Struggles to adjust his responses to accommodate his social partner in everyday situations, especially when feeling stressed	EHCP Section B	
<b>Cognition and learning</b>		
<b>Need</b>	<b>Source</b>	<b>Provision</b>
P's range of interests is limited to those tasks that he feels to be of personal relevance. This presents a barrier to academic learning.	EHCP Section B	P requires a specialised bespoke curriculum with significant levels of attuned and skilled adult support (EP report 11.10)  This should be provided by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)
P's fear of failure means that he needs support to engage in learning.	EHCP Section B	
Learning activities need to be tailored to his interests and learning style.	EHCP Section B	
Relatively small obstacles can become insurmountable in his mind	EHCP Section B	

A bespoke package of travel training which capitalises on his natural motivation	EP report 11.40	Travel training should be carefully introduced one x 1.5 hour session per week by an adult who is skilled and experienced in using a SC approach and therefore is highly attuned to P's presentation, needs and difficulties, once the adult deems that P will be receptive to the idea (he is currently resistant to it).
Support and direct intervention to develop daily living skills.	EP report 11.25	A wide programme including: budgeting and managing money; planning meals; shopping; preparing meals; managing simple bills and direct debits (EP report 11.25) This would be delivered by weekly sessions in baking/cooking; Personal Finance course; Employability course as per proposed timetable. P will work on Functional Skills English and maths short courses for 1.5 hours each per week.
Must be supported to develop his independence skills in accessing paid employment/volunteering/work experience	EP report 11.35	A significant amount of one-to-one support from appropriately skilled and attuned adults (EP report 11.30) to enable P to participate in 3 sessions per week of at least 1 hour each in a voluntary or 'try-out' work placement (e.g. Foodbank; litter-picking; investigating radio voice-over work) plus support to study ASDAN courses in Personal Finance, Employability and further maths and English as per proposed timetable.
Further develop P's IT and computing skills	EP report 11.45	3 sessions per week of at least 1 hour each working on the Duke of York Digital Enterprise Award and web development via Codecademy as per proposed timetable.
<b>Social, emotional and mental health</b>		
<b>Need</b>	<b>Source</b>	<b>Provision</b>
Needs help to understand how his emotions and actions impact upon himself and others	EHCP Section B	P will need to be given strategies to help with his emotional regulation. Ideally this should be done by exploring self-calming strategies he can use himself such as mindfulness and meditation. This will need to be available for at least 30 minutes per week and could be split into short daily sessions. (EP addendum7.2)
P's continuing anxieties, frustrations and stress leave him at risk of mood disorders, depression and mental health problems	EHCP Section B	

<p>The frustrations that arise from day to day activities, including from interactions at school, can be superficially addressed only to be repressed until they emerge some time later as a troubling emotional issue that P requires support to overcome. Without on-going intervention and support there is a risk of P's mental health will not be maintained.</p> <p>At other times P can be subject to low, angry moods triggered by frustrations or negative thoughts of past events</p>	EHCP Section B	<p>All of the work on emotional regulation, understanding and using emotions, taking different perspectives, encoding positive episodic memories, developing resilience, managing uncertainty and unpredictability and improving social reciprocity can be addressed by support from specially trained staff who are experienced in using an approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum 7.1)</p>
<p>P lives much of his life in a pervasive state of anxiety and frustration or a state of chronic stress which leaves him at risk from mood disorders, depression and mental health problems.</p>	EHCP Section C: this needs to go into Section B as it requires 'education or training'	
<p>Has difficulty staying sufficiently calm during challenges/uncertainties so that the challenge/uncertainty can be managed.</p> <p>P needs support from adults around him to manage his emotional regulation</p> <p>P needs support from adults to manage the environment and to manage interactions</p>	<p>EHCP Section B</p> <p>EP report 8.30</p> <p>EP report 8.30</p>	
<p>His difficulties in managing uncertainty and change mean that he has high anxiety around novel circumstances that requires assistance from appropriately trained persons.</p>	EHCP Section C: this needs to go into Section B as it requires 'education or training'	

<p>Due to his low resilience, P is very easily dysregulated. He becomes easily upset or frustrated and his problems with emotional regulation mean that he needs people around him who know how to manage these situations and support P to manage these situations to minimise distress. If this support is not available, P is at risk of depression.</p>	<p>EHCP Section C: this needs to go into Section B as it requires 'education or training'</p>	
<p>P's levels of resilience are a concern</p>	<p>EP report 8.20</p>	<p>P needs to take part in numerous experiences of competence on a daily basis where his competence can be spotlighted to enable him to build memories linked to his emotional appraisal of the event. These episodic memories will contribute to the further development of P's resilience (this is in the EHCP as a need but actually it is a provision) These experiences of competence can be facilitated by an adult who is trained and experienced in using an approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)</p>
<p>P will require at least part of his curriculum which allows for a creative outlet in order to ensure that he is able to engage in constructive activities which employ a range of personal skills and combine a cognitive and emotional aspect together. This will be an important factor for his emotional well-being.</p>	<p>EP report 11.50</p>	<p>To be delivered via baking/cooking and puppet-making sessions (a total of 2 sessions pw) by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)</p> <p>These creative sessions can also be used to work directly on P's social communication needs as outlined above (the creative work is the vehicle for the SC work)</p>

P will need a step by step approach to helping him to develop a positive sense of self where he sees himself contributing to society through work (paid or otherwise) and where he can see that his contribution is valued	EP report 11.65	To be provided by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. The SC trained adult will know how to spotlight P's competence during his volunteering, radio work and litter-picking sessions so that he encodes positive episodic memories of competence which will promote the development of a positive sense of self.
P will require help with managing his rumination and negative thought patterns	EP report 11.75	Ideally this should be done through access to the Adult Mental Health Services. This will also be supported by the SC work targeting resilience and identifying and role playing different responses to various real-life challenges.
P's social Care RAS score indicates that he is at severe risk of social isolation. P needs support with inhibition and emotional regulation in order to be safe going out in public with skilled and experienced carers who understand how to avoid or defuse social communication breakdowns.	EHCP Section D: needs to go into Section B as it is an educational need	This should be provided by an adult who is trained and experienced in using a SC approach that meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism. P will require a minimum of 4.5 hours per week of social communication work. (EP addendum report 7.1)
P will require support and intervention to help him develop skills in accessing the community and leisure activities in a safe and meaningful way	EHCP Section D	This is addressed by P's social care package which funds PA support to access activities that enable him to have an 'ordinary life'.
<b>Sensory and/or physical</b>		
<b>Need</b>	<b>Source</b>	<b>Provision</b>
Processing information from multiple channels simultaneously is something P finds extremely challenging. Two people accidentally speaking to him at the same time can impact negatively on his learning, behaviour and ability to regulate his	EHCP Section B	An adult who is trained and experienced in using a SC approach which meets all the criteria outlined in the NICE guidelines CG170 for social communication approaches that work on the core difficulties at the heart of autism will be familiar with communicating in a way that avoids overloading P's processing abilities. The adult will also be able

emotions. When this happens, barriers to learning and engaging with others are created.		to use the SC approach as detailed above to help P to become more proficient at identifying and managing his emotions when in a state of processing overload.
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