



## RSHE

RSHE stands for relationships, sex and health education.

Relationships education has been compulsory for pupils in primary education since September 2020. For secondary pupils, relationships and sex education (RSE) must be taught. Health education is now compulsory in all schools too.

Bright Futures School has a very comprehensive RSHE programme, and all pupils have a weekly session, usually delivered by their keyworker. We aim to make sure that young people can make informed decisions about their health, wellbeing and relationships, in a sensitive way that is appropriate for their age.

Parents are welcome to enquire about our RSHE programme and view the content at any time. All content used is factual and age-appropriate and we will share materials with parents if requested.

Parents have a right to request that their child is withdrawn from sex education, but not from relationships education.

Parents will be informed of the dates when sex education is being taught.

Parents can ask their school for their child to be withdrawn from some or all of sex education lessons.

The teaching of RSHE is reviewed by Ofsted at inspection.

**May 2023**